



Canadian Celiac Association Ottawa Chapter

The gluten problem. Found. Treated. Cured.

The [Canadian Celiac Association / L'Association canadienne de la maladie coeliaque](#) (CCA/ACMC) is a volunteer-based, federally registered charitable organization founded in 1972.

The Association's initial objectives were to provide information on sources of gluten-free food, to foster research and to encourage mutual support among celiacs. Today the Association serves people with [celiac disease](#) (CD) and [dermatitis herpetiformis](#) (DH) through 28 affiliated chapters and 30 satellite groups across Canada.

More recently, research has established non-celiac gluten sensitivity as a medical condition where symptoms resolve once gluten is eliminated from the diet. Therefore, without losing focus on improving the lives of people with CD and DH, the CCA/ACMC includes everyone who needs its information and support, no matter what the diagnosis (or lack thereof) might be. This information and support includes how to navigate the grocery aisles and restaurants, setting up one's own kitchen, and communicating to caregivers on gluten-related issues. This is reflected in the CCA/ACMC mission statement:

The Canadian Celiac Association is the national voice for people who are adversely affected by gluten, and is dedicated to improving diagnosis and quality of life.

The Ottawa Chapter of the CCA/ACMC is a local community of people who understand the challenges of living gluten-free and are eager to help and share their stories.

Ottawa Chapter of the Canadian Celiac Association

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